

DEVELOPMENTAL SUPPORT AND DISABILITY ORGANISATIONS

Ability Links

Ph. 9685 0293 abilitylinks@ssi.org.au
Connecting people with disability, families and carers in the community.

ASPECT- Autism Spectrum Australia

Ph. 1800 277 328 www.autismspectrum.org.au
Services for people with autism and their families. Schools program, assessments, behaviours and family support, and adult programs.

Breakthru Hornsby

Ph. 1800 767 212 www.breakthru.org.au
Disability Employment Services with a focus on psychiatric conditions and mental health. NDIS support coordination services.

Cerebral Palsy Alliance

Ph. 1300 888 378 www.cerebralpalsy.org.au
Family-centred therapies, and skills programs, equipment and support for people and their families living with a disability. Specialist service for people with Cerebral Palsy and similar conditions.

EarlyEd

Ph. 9923 2727 www.earlyed.com.au
A family-centred early childhood intervention service for children with disabilities or developmental delays, and their families.

Lifestart

Ph. 1800 953 390 www.lifestart.org.au
Early intervention programs to families who have a child with a disability.

National Disability Insurance Scheme (NDIS)

Ph. 1800 800 110 www.ndis.gov.au

NDIS Early Childhood Early Intervention (ECEI)

Ph. 1300 888 378 eceienquiries@cerebralpalsy.org.au
NDIS for children under 7.

Northcott

Ph. 1800 818 286 www.northcott.com.au
Works with clients with disabilities from early childhood to adulthood.

Riverlink

Ph. 9638 0999 www.riverlink.org.au
Provides support for people with disabilities, through community access programs, camps, social activities and in-home support.

SDN Children's Services

Ph. 1300 831 445 www.sdn.org.au
Provides children therapies, family support and access to preschools.
sdn@sdn.org.au.

CARER SUPPORT

Carer Gateway

Ph. 1800 422 737 www.carergateway.gov.au

Carer NSW

Ph. 9280 4744 www.carensw.org.au

Young Carers NSW

Ph. 9280 4744 www.youngcarersnsw.org.au

GOVERNMENT

Centerlink (Family Payment/ Child Care Benefit)

Ph. 136 150

Centerlink Multilingual (languages)

Ph. 131 202

Centrelink Indigenous Call Centre

Ph. 1800 136 380

Medicare General Inquiries

Ph. 132 0111

www.servicesaustralia.gov.au/individuals

HELPFUL CONTACTS (FAMILY)

Breastfeeding Helpline

Ph. 1800 686 268

Provide knowledge about how breastfeeding works and help in overcoming common hurdles.

Child Protection Helpline

Ph. 132 111

To report suspected child abuse or neglect

Childcare Finder

www.childcarefinder.gov.au

Fatherhood Foundation

www.fatherhood.org.au

Government Schools

www.education.nsw.gov.au/public-schools

Karitane Careline

Ph. 1300 227 464 / 9794 2350

Call line to Child and Family Health Nurse for support on your parenting journey.

Parent Line NSW

Ph. 1300 130 052

www.parentline.org.au

Parenting Information and Resources

www.resourcingparent.nsw.gov.au

Raising Children Network

www.raisingchildren.net.au

Tresillian Parent Help Line

Ph. 1300 272 736

HELPFUL CONTACTS (OTHER)

Department of Communities and Justice

www.dcj.gov.au

Energy and Water Ombudsman NSW

Ph. 1800 246 545

www.ewon.com.au

Free, fair and independent dispute resolution scheme for electricity, gas and water complaints issues such as billing, contracts, property damage, connection and payment issues.

Get Healthy

Ph. 1300 806 258

www.gethealthynsw.com.au

GP line (After Hours)

Ph. 1800 022 222

Poisons Information Service (24 hours)

Ph. 131 126

Sydney Community Services

www.sydneycs.org

Telephone interpreter services (TIS)

Ph. 131 450

POLICE AREA COMMAND

Gordon Police Station

Ph. 9418 5399

Ad. 2 Park Avenue, Gordon

Hornsby Police Station

Ph. 9476 9799

Ad. 292 Pacific Highway, Hornsby

HOSPITAL

Hornsby Ku-ring-gai Hospital

Ph. 9477 9123

Ad. Palmerston Rd, Hornsby

LOCAL GOVERNMENT INFORMATION

Your local council & library has information and service directions on local services, such as child care services & schools as well as local community and neighbourhood centres.

Hornsby Shire Council

Ph. 9847 6666

www.hornsby.nsw.gov.au

Ku-ring-gai Council

Ph. 9424 0000

www.krg.nsw.gov.au/Home

AN INITIATIVE OF



**HORNSBY/KU-RING-GAI
CHILD & FAMILY
INTERAGENCY**

HORNSBY/KU-RING-GAI

**CHILD
&
FAMILY**

SERVICES

**Services and contacts for
families in Hornsby and Ku-ring-gai
Local Government Areas**

Updated August 2021

**For all emergencies, Police, Ambulance, Fire Brigade
Phone 000 (112 for mobiles only)**

MULTICULTURAL INFORMATION, SUPPORT SERVICES, AND GROUPS

Ankoon Cultural Centre
Ph. 0403 020 477 www.ankoon.com.au
Iranian cultural centre focusing on cultural, literary and artistic activities.
ankoonculturalcentre@gmail.com

Multicultural Integration Community Support
info@mics.org.au www.mics.org.au
Multicultural group which provides support for migrant communities through a variety of events.

Multicultural Problem Gambling Service for NSW
Ph. 1800 856 800
Assists problem gamblers from culturally and linguistically diverse communities and their families through counselling, treatment and support services.

Australian Chinese Community Association
Ph. 9412 3488 www.acwa.org.au
Provides a range of community services such as aged home care/ day care and Chinese language classes. norrthern@acca.org.au

Community Migrant Resource Centre
Ph. 9858 1925 www.cmrc.com.au
Settlement, youth, employment and training, family support business advice and cultural competency projects and more. Cnr Devlin Street & Blaxland Road, Ryde.

Chai and Chat
Ph: 0432 920 259 chaiandchat.org
Community-minded Hindi students and speakers who use language learning & a love for Indian culture to build cross-cultural friendships.

CASS Care Ltd. (Chinese, Korean, Vietnamese& Indonesian)
Ph. 9789 4587 www.casscare.org.au
Residential aged care, home ageing, disability, settlement, health and child care services.
info@casscare.org.au

Sydney Multicultural Community Services
Ph. 9955 3952 www.sydneymcs.org.au
Aged care, migrant and refugees, community inclusion, disability and parenting support services.

Transcultural Mental Health Centre
Ph. 1800 648 911 www.dhi.health.nsw.gov.au
Services complement public Mental Health Services and enhances pathways to support good mental health for culturally and linguistically diverse communities. tmhc@health.nsw.gov.au

Translation and Interpreter Service (24 Hours)
Ph. 131 450 www.tisnational.gov.au

DOMESTIC AND FAMILY VIOLENCE SERVICES

Daisy (Mobile App) www.1800respect.org.au/daisy
Connect those experiencing abuse to local services and information, also provides incognito access to emergency services.

Men's Referral Service www.ntv.org.au
Ph. 1300 766 491
A men's family violence telephone counselling, information, and referral service.

National Domestic Violence Line: 1800 RESPECT
Ph. 1800 737 732 www.1800respect.org.au

NSW Domestic Violence Line (24/7) Ph. 1800 656 463
Advice, emergency accommodation and telephone counselling.

Women's Domestic Violence Court Advocacy Service (WDCAS) Ph. 1800 938 227
Holistic service which assists women and children to obtain effective legal protection and access to a network of professional services.

Women's Legal Service www.wlsw.org.au
Ph. 8745 6900
Specialist legal services relating to domestic violence, sexual assault, family law, discrimination, victims support, child protection, human rights and access to justice.

SUPPORT SERVICES FOR FAMILY

CatholicCare www.catholiccare.org
Ph. 9481 2600
Parenting & relationship programs, supported playgroups, family support, counselling-relationship/pregnancy/financial, women's Domestic Violence Support, DAYSS, Emergency Financial Relief& Mediation Services.

Child Support Payment Hotline
Ph. 02 9633 9916 (Sydney) / 1800 451 784 (Regional)
Free advice and assistance to parents who have to pay financial support after separation, and parents and carers who are or should be receiving financial support for children.

Christian Community Aid (CCA) ccas.org.au/child-youth-and-family/
Ph. (02) 9858 3222
Provide a variety of free services including: Youth Counselling/Financial Counselling, Advocacy, Educational workshops, Social events, School liaison, After school programs and activities, School Holiday Program, Home support.

Family Connect and Support www.familyconnectsupport.dcj.nsw.gov.au/
Ph. 1800 066 757
Brings together families, support services and community resources to find what will best support young people and families and their children.

Family Relationship Centre Macquarie Park www.relationshipsnsw.org.au/location/macquarie-park/
Ph. 1300 364 277
Programs for families at all stages of life, including people stating relationships, resolving relationship difficulties & those affected by family separation.

Integricare Supported Playgroups www.integricare.org.au/services/family-services/
Ph. 9410 0174 / 0437 401 714
A structured and positive learning environment in which children play and learn and for parents to meet and share their experience.

Mum for Mum NCJWA www.mumformum.org.au
Ph. 9363 0257
Weekly visits by trained volunteers to mums with babies under 12 months who are struggling with challenges of new motherhood.

Playgroup NSW Ph. 1800 171 882 www.playgroupnsw.org.au

The Northern Centre www.thenortherncentre.org.au
Ph. 9334 0111
Offering support including individual and family support, supported playgroups, parenting programs, housing and legal support.

The Storehouse (at Northridge Church) www.thestorehouse.org.au/
Ph. (02) 8407 9943
Free, new clothing for the 0-12 year old children of families in need.

COMMUNITY HEALTH SERVICES

Child and Family Health Centres www.nslhd.health.nsw.gov.au/CYFH/services/Pages/NursingAdvise.aspx
Free service for families with children from birth to 5 years. Offer children's health and brain development checks; family support; education; groups& information on all aspects of parenting.

Drug and Alcohol Services Ph. 1300 889 788
Treatment and support for people experiencing problems related to the use of alcohol, cannabis, stimulants, heroin or prescription medications.

Child Youth Mental Health (CYMHS) Ph. 9485 6155
Specialist mental health assessment and intervention to infants, children and young people (under 18 years old, unless still at school) and their families.

Other NSLHD Child and family Health Services include:
<https://www.nslhd.health.nsw.gov.au/CYFH/Pages/default.aspx>
Speech Therapy, Occupational Therapy, Physiotherapy; Oral Health; Community Pediatrics; Child Protection, Youth Health; see our website for information and contact details.

MENTAL HEALTH SUPPORT

Beyond Blue www.beyondblue.org.au
Ph. 1300 224 363
Provides information and support to help everyone in Australia achieve their best mental health.

Emerging Minds www.emergingminds.com.au
Ph. 08 8367 0888
Emerging Minds develops interventions, training, programs and resources.

Gidget Foundation www.gidgetfoundation.org.au
Ph. 1300 851 758
Support the emotional wellbeing of expectant and new parents.

Headspace www.headspace.org/support
Mental, physical health, work, study, alcohol & other drug support for young people. Find a centre near you.

Kids Helpline (24/7) www.kidshelpline.com.au
Ph. 1800 551 800
Free, confidential online and phone counselling service for young people (5-25).

Lifeline (24/7 crisis support line) www.lifeline.org.au
Ph. 131 114
Phone, text (nightly) and online chat (nightly) for anyone experiencing a person crisis, contemplating suicide or caring for someone in crisis.

Men's line Australia (24/7) Ph. 1300 789 978
Telephone and online support, information and referral service for men with family and relationship concerns.

Mental Health Line Ph. 1800 011 511
24/7 phone service offering professional help and referrals to local mental health services.

Mental Health Triage Ph. 1300 782 391
Central point in the SNHN region for receiving and assessing referrals for people who are not in crisis and require mental health (including psychology), drug and alcohol, and suicide prevention services.

Radiant www.myradiant.com.au
Mental Health Service directory based on your unique needs.

Thirrili www.thirrili.com.au
Ph. 1800 805 801
After suicide support for Aboriginal and Torres Strait Islander people to ensure a community response.

HOUSING SUPPORT

Hornsby Connect Inc. Ph. 0403 290 420 www.hornsbyconnect.org.au
Helping others whom are "doing it tough" through food distribution, café type community building facility, personal support.

Hornsby Kuringgai Womens Shelter Ph. 0401 016 431 www.hkws.org.au
Temporary supported accommodation for women in times crisis such as homelessness and /or domestic violence.

Link 2 Home Ph. 1800 152 152
A statewide information and referral service to assist homeless people and those at risk of homelessness.

Mission Australia Homelessness Support Service Ph. 9480 2500
Early intervention and prevention programs as well as emergency, transitional and supported accommodation. Located at Level 1, 1 Coronation Street Hornsby.
northernhydneyservices@missionaustralia.com.au

St George Community Housing www.sgch.com.au
Provision of social and affordable housing and a range of initiatives to improve the lives of tenants such as training, education, employment and community engagement opportunities.

Taldumande Youth Services Ph. (02) 9460 3777 www.taldumande.org.au
Supports, encourages and empowers vulnerable children, young people and their families through crisis response, residential care and specialised case work.